



Diocese of San Jose

Vicar General

MEMORANDUM

To: Priests, Deacons, Religious and Faithful
of the Diocese of San Jose

From: Monsignor Francis V. Cilia 

Re: Dispensation from Abstinence for Friday, February 16, 2018
The First Day of the Lunar New Year of the Year of the Dog

Date: December 21, 2017

I am pleased to inform you that Bishop Patrick J. McGrath has granted a dispensation from the Lenten discipline of abstinence from meat to all the faithful of the Diocese of San Jose who will be observing Friday, February 16, the first day of the Asian New Year.

I would ask that word of this dispensation be shared with your parishioners at a date early enough to allow them to make plans for their New Year celebrations.

Thank you for your attention to this memorandum. Best wishes to all for your upcoming Christmas celebrations.